

Getting Ready for Chapter 10

Take Home



The Eucharist

At the Last Supper, Our Lord Jesus instituted the Sacrament of the Eucharist. The Eucharist is the greatest of the sacraments because we receive Christ's Body and Blood. In John's Gospel, Jesus said, "He who eats my flesh and drinks my blood abides in me, and I in him." Through the great Sacrament of the Eucharist, we abide in Christ and he abides in us.

ACTIVITY

First Holy Communion Look at photos of family members making their First Holy Communion. Invite them to share their memories of the first time they received Jesus in the Eucharist.

WEEKLY PLANNER

On Sunday

During Communion, spend some quiet moments in prayer with God. Reflect on Christ's precious gift of himself in the Eucharist.

On the Web

www.blestarewe.com



Visit our Web site for the saint of the day and the reflection question of the week.

Saint of the Week



Blessed Francisco Marto (1908–1919)

Francisco Marto was born in a small village near Fatima, Portugal. In 1917, Francisco, his sister Jacinta, and cousin Lúcia saw several apparitions of the Blessed Virgin Mary. She encouraged the children to pray the Rosary and to have a great love for Our Lord.

Feast Day: February 20



A Prayer for the Week

Jesus, thank you for giving us your Body and Blood in the Eucharist. Help us always to treat the Eucharist with the utmost love and respect. Amen.

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Scripture Background

In the Time of Jesus

The Paschal Lamb During the Exodus, Moses commanded each Hebrew family to slaughter a lamb on the evening of the 14th of *Nisan* (March/April) and sprinkle its blood on the doorpost of the home. This slaughtered lamb was called the paschal lamb. On the night of the 14th, every firstborn son in Egypt died, but the Israelite firstborns were saved. Jesus is the new Paschal Lamb (John 1:29; 1 Corinthians 5:7) who, through his death for our sins, saves us not from physical death, but from the eternal death brought about by our sins.

Read about Jesus' sacrifice on the cross in John 19:17–37.

OUR CATHOLIC TRADITION in Religious Life

The Sisters of Mary, Mother of the Eucharist The religious community the Sisters of Mary, Mother of the Eucharist was founded in 1997 by four Dominican sisters. This new community of consecrated women looks to Mary, the Mother of God, as its foremost model for loving and serving Christ in the world. The sisters' spiritual life includes attending daily Mass, praying the Liturgy of the Hours and the Rosary, and making a Eucharistic holy hour. The sisters also teach and give retreats in the Diocese of Lansing, Michigan. In the short time since the inception of the community, it has thrived, attracting many new vocations. To find out more about the sisters, visit their Web site at www.sistersofmary.org.