

## Getting Ready for Chapter 3

# Take Home



## Living the Beatitudes

The Beatitudes are found in both Matthew's Gospel and Luke's Gospel. In this chapter, we will learn about the Beatitudes as they are presented in Matthew's Gospel. Jesus gave us the Beatitudes to teach us how to live as his disciples. The Beatitudes show us the way to the Kingdom of God and true happiness.

### ACTIVITY

**Pick a Beatitude** As a family, decide which beatitude you would like to practice this week. Discuss how your family could do this. Make and display a banner with the beatitude written on it.

## WEEKLY PLANNER

### On Sunday

Listen for the final blessings at the end of Mass. Let those blessings remind you to live the Beatitudes.

### On the Web

[www.blestarewe.com](http://www.blestarewe.com)



Visit our Web site for the saint of the day and the reflection question of the week.

### Saint of the Week



**Blessed Pier Frassati**  
(1901–1925)

Pier Frassati was born in Turin, Italy. He loved sports and being with friends. He also had a deep prayer life and gave his money to the poor. When he died at age 24, thousands of mourners paid their respects, remembering the goodness of this young man. He is remembered today as the "Man of the Beatitudes."

**Feast Day:** July 4



**A Prayer  
for the  
Week**

Happy are we, Lord,  
to be your children.  
You show us the way  
to your Kingdom with  
the Beatitudes. Help us  
follow the path to your  
heavenly home. Amen.

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### Scripture Background

#### In the Time of Jesus

**The Beatitudes** The word *beatitude* comes from the Latin word for “blessed”—the word that begins each beatitude (Matthew 5:3–10). The Old Testament also contains many “Blessed are” statements. Although Jesus’ declarations followed a traditional form, the beliefs they expressed challenged tradition. According to Old Testament beliefs, blessings, or riches, are given in this lifetime to those who keep God’s Law. However, Jesus taught that the authentic reward for living a virtuous life comes after death, in God’s Kingdom.

## OUR CATHOLIC TRADITION in Charity

**Catholic Relief Services** Catholic Relief Services (CRS) was founded in 1943 by the Catholic bishops of the United States. The mission of CRS is to alleviate human suffering throughout the world and promote charity and justice. CRS currently operates on five continents and in more than 90 countries and is truly dedicated to helping those in need. 94% of contributions go directly to programs helping the poor, while only 6% of contributions are used for operating expenses. To learn more about the outstanding work done by CRS, visit [www.catholicrelief.org](http://www.catholicrelief.org).