

## Getting Ready for Chapter 7

# Take Home



## Commandment and Fulfillment

The Israelites traveling in the desert toward what would become their homeland were hungry, thirsty, and angry at Moses. Their complaints were met with miracles from God that filled their needs: food falling to the ground each morning and water bursting from a rock. In addition to meeting the Israelites' physical needs, God also tended to their spiritual needs by giving them the Ten Commandments. The commandments helped the Israelites remain in a faithful, rewarding relationship with God.

### ACTIVITY

**House Rules** What are your family rules? Such rules might be enforced each day without anyone thinking about it. Post your family rules. Have everyone contribute to the list.

## WEEKLY PLANNER

### On Sunday

During the first reading, listen for Yahweh's promises. During the second reading and Gospel, listen for ways God fulfilled those promises.

### On the Web

[www.blestarewe.com](http://www.blestarewe.com)



Visit our Web site for the saint of the day and the reflection question of the week.

### Saint of the Week



**Saint Teresa of Ávila**  
(1515–1582)

Saint Teresa was born in Spain, the daughter of nobles. Although her father strongly objected, Teresa joined the Carmelite order. Teresa spent much of her life writing about prayer, including how she overcame her difficulties with praying.

**Patron Saint of:** Spain  
**Feast Day:** October 15



**A Prayer  
for the  
Week**

Lord, through the ages you have sent us holy people to teach us how to live. Open our hearts and minds to their guidance that we may share their joy in eternity with you. Amen.



## Scripture Background

### In the Time of Jesus

**Teaching from the Mountaintop** When the Israelites left Egypt, on their journey to the promised land, God revealed to them the Ten Commandments, which Moses received on Mount Sinai (Exodus 19—20). In the New Testament, when Jesus delivered the Sermon on the Mount (Matthew 5—7), where he taught his followers the Beatitudes and the Golden Rule, he too taught from a mountain. At Mount Sinai, God gave his people laws to guide their relationship with him and with others. In the Sermon on the Mount, Jesus explained more fully how to apply those laws to everyday living.

## OUR CATHOLIC TRADITION in Sacramentals

**Eternal Light** The Israelites regularly refreshed oil lamps that burned outside the ark of the covenant, the sacred box containing the stone tablets of the Ten Commandments. In the Temple in Jerusalem, the ritual continued in the sacred space where the ark was kept. When their Temple was destroyed, the Israelites began to worship in synagogues, where a continuously burning light called Ner Tamid (“eternal light”) shines above the ark, now holding the Torah. The light represents God’s eternal covenant.

In our churches, at least one oil lamp or candle continually shines near the tabernacle holding the Blessed Sacrament. The light signifies the purity and divinity of Christ, the Light of the World.