

Rule of St. Benedict

If a news report had appeared in the sixth century about St. Benedict and his monastic way of life, it might have been something like the following. Unscramble the words to complete the report.

New Monastery Founded

Rome, A.D. 529. A _____ by the name of Benedict has founded a
o k m n

new _____ at Monte Cassino. It will serve as a _____
t e y o n a m s r g e l i n o l f

residence for monks. It is located in the hills of southern _____,
l y a l t

near Naples. Benedict reports that he has also written a special set of

_____ to help his fellow monks lead a
i s l e g i d e n u

healthy _____ life. People are already calling this Benedict's
a l i p i s t u r

_____. It schedules times for _____, reading,
l R e u r p a y r e

_____, singing of psalms, work and _____
d t y u s s e t r

throughout the day and _____. Benedict is considered by many
h i t g n

to be the _____ of _____ here in the
d o n r e f u s i c a m i t s o m n

_____. If Benedict's Rule catches on, it could become a
s e t w

_____ for monastic life for years to come.
d o l m e



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If a news report had appeared in the sixth century about St. Benedict and his monastic way of life, it might have been something like the following. Unscramble the words to complete the report.

New Monastery Founded

Rome, A.D. 529. A monk by the name of Benedict has founded a
o k m n

new monastery at Monte Cassino. It will serve as a lifelong
t e y o n a m s r g e l i n o l f

residence for monks. It is located in the hills of southern Italy,
l y a l t

near Naples. Benedict reports that he has also written a special set of
guidelines to help his fellow monks lead a
i s l e g i d e n u

healthy spiritual life. People are already calling this Benedict's
a l i p i s t u r

Rule. It schedules times for prayer, reading,
l R e u r p a y r e

study, singing of psalms, work and rest
d t y u s s e t r

throughout the day and night. Benedict is considered by many
h i t g n

to be the founder of monasticism here in the
d o n r e f u s i c a m i t s o m n

west. If Benedict's Rule catches on, it could become a
s e t w

model for monastic life for years to come.
d o l m e



Parents, Catechists, Teachers: The *Benedictine Rule* for monks and nuns did, in fact, set the pattern of prayer, study, and work that helped spread Christian thought and learning throughout Christendom.